



# 2023 Aquatics Summit

## 2023 Aquatic Summit Schedule

February 14 Burt-Cobb Recreation Center		February 15 New Providence Pool		February 16 New Providence Pool	
1	9:00-10:00 am Kim Gilbert: What is Your Why?	6	9:00-10:30 am Rosa Espejo: S'WET Fitness Class (In Water Session @ New Providence Pool)	9	8:00-6:00 pm LGI Course Cont. (In Water Session @ New Providence Pool) Lunch 12:00-1:00 pm
2	10:15-11:15 am CFR: Critical Response and the Importance of Debriefing	7	10:30-12:30 pm Discover Scuba (In Water Session @ New Providence Pool)	 Burt-Cobb Recreation Center 1011 Franklin Street  New Providence Pool 168 Cunningham Lane  The Mailroom 116 N. 2nd Street	
3	11:30-12:00 pm Roundtable Discussion for 2024 Aquatic Topics and Speakers	February 15 Burt Cobb Recreation Center			
	12:15-1:45 pm Lunch Sponsored By: Publix	4	12:45-2:00 pm Lunch Sponsored By: Water Dogs Scuba		
4	2:00-3:30 pm Becky Herz: Gender Spectrum Inclusion in Aquatics	8	2:15-3:15 pm Rich Holladay: Managing vs. Coaching		
5	3:45-4:45 pm Cory Anderson: Splash Pads 101	9	3:30-6:00 pm Kim Gilbert: LGI Course Classroom		
6:00 pm Dinner Sponsored By:  @ The Mailroom					

## Clarksville, TN

### Hotel Information:

**Fairfield Inn and Suites by Marriott Clarksville** \$109 plus tax per night. [Book your group rate for trpa](#) by 1/31/23 to receive this rate. Includes free breakfast, in room internet, and parking.

**Tru by Hilton Clarksville** \$110 plus tax per night. [Book our group rate or call 1-800-HILTONS and use the code: HIRPA](#) by 1/13/2023 to receive this rate. Includes free breakfast, in room internet, and parking.

Sessions and speakers are subject to change

TRPA does not discriminate on the basis of race, gender, religion, color, national or ethnic origin, age, disability, or military service in its' policies, admission or access to employment, programs, services or activities. TRPA complies with the Americans with Disabilities Act. If accommodations are needed, call 615-790-0041 one month before the event.

## Session Descriptions

### **What Is Your Why?**

There are many reasons why we possibly do the things we do. To make the most out of everything you do, you need to know exactly why you do the things you get engaged with. We will identify the What, How, and Why of what we do to understand what the driving force behind it. Speaker: Kimberly Gilbert, Aquatics Superintendent, Clarksville Parks & Recreation.

### **CFR: Critical Response and the Importance of Debriefing**

Description coming soon

### **Roundtable Discussion: 2024 Aquatics Topics and Speakers**

What do you want to know more about? Join us for a discussion of the Aquatics Summit, who you want to hear from and what you want to know more about in aquatics and management. Let's talk.

### **Gender Spectrum Inclusion in Aquatics**

This session will take an in-depth approach to LGBTQ+ inclusion by focusing on the challenges non-binary, trans, and gender-unique individuals face in recreational aquatics. It will promote understanding and provide tools to promote diversity, equity, and inclusion (DEI) through outreach,

training, and policy creation. Speaker: Becky Herz, Management Analyst at Cosumnes CSD, Elk Grove, CA.

### **Splash Pads 101**

This session breaks down aquatic play and covers project/site feasibility, regulations, sustainable design, aquatic play, water management systems, key project team members, building and maintenance costs, and a variety of project case studies. Speaker: Cory Anderson, Owner, 80 West Group

### **SWET Fitness Class (come prepared to get in the pool and participate)**

What is S'WET™? Well, think high intensity, low impact, full body aquatic Bootcamp combining cardio, strength training, and a whole lot of fun all rolled up into a single hour. Simply put: it's the best workout you will ever find. This in-water session will take you beyond your average "Nanas with Noodles." S'WET™ is the Structured Water Exercise Training program built for the elite aquatic instructor! An intense yet fun class that leaves you wanting more. Speaker: Rosa Espejo, Aquatics Facility Manager, Clarksville Parks & Recreation

### **Discover Scuba**

Have you ever wondered what it's like to breathe underwater? If you want to find out but aren't quite ready to take the plunge into a certification course, Discover Scuba Diving will let you try scuba diving to see if you like it while under the direction of one of our PADI Instructors. Speakers: WaterDogs Scuba and Safety LLC

### **Coaching vs Managing**

Group discussion regarding the differences in leadership styles between coaching teamwork and developing teams of teams versus simply single-path management without team development. Speaker: Richard Holladay, Command Sergeant Major (Retired), US Army

### **LGI Course (come prepared to get in the pool and participate)**

The primary purpose of the basic lifeguard instructor course is to train instructors to teach the basic level lifeguarding course. Speaker: Kimberly Gilbert, Aquatics Superintendent, Clarksville Parks & Recreation.

**TRPA Aquatics Summit  
February 14-16, 2023**

For more information contact Kimberly Gilbert, Event Chair 931-645-7476 or **TRPA Office at 615-790-0041**. To register go to [www.trpa.net](http://www.trpa.net) and click on the registration link or complete the form below (please use a separate form for each person). Please note credit card payments must be made through the online system.

Name \_\_\_\_\_

Organization \_\_\_\_\_

Title/Position \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email Address \_\_\_\_\_

Work Phone \_\_\_\_\_ Mobile phone \_\_\_\_\_

***By attending this school, I grant TRPA the right to use my likeness/voice in any photos/recordings taken.***

Registration	TRPA Member		Non-Member	
	Paid by 1/31/23	Paid after 1/31/23	Paid by 1/31/23	Paid after 1/31/23
Full Registration	\$45	\$55	\$60	\$70
Daily Registration	\$30	\$35	\$39	\$45
Add LGI Training	\$85	\$85	\$85	\$85
LGI Training Only	\$95	\$95	\$95	\$95

***Cancellations and requests for refunds must be received in writing by 5pm Central Time January 17, 2023 refunds will be processed less a \$25 administrative fee. No refunds will be approved after January 17, 2023 or for no-shows. Substitutions are always welcome.***

**Payment: Mail checks to: TRPA, P O Box 1326 Franklin, TN 37065**

**Visa and Master Card Payments must be made through the TRPA online registration system: at [www.trpa.net](http://www.trpa.net)**

TRPA is committed to the health and safety of all our participants. By registering and attending this TRPA event, participants agree to abide by, and engage in specific health and safety protocols and beneficial conduct while attending the event as directed by facility and TRPA staff. This includes, but is not limited to, wearing a mask in public areas, engaging in appropriate physical distancing behaviors,

and not attending the event if you feel ill or have been recently exposed to the coronavirus (COVID-19) or other communicable diseases. These requirements may change based on the event industry standards, CDC, WHO, government, and local recommendations at the time of the event.

TRPA has zero-tolerance for any form of discrimination or harassment, including but not limited to sexual harassment by participants or our staff members at our events. If you notice that someone else is being subject to unacceptable behavior, or have any other concerns, please notify a staff member or TRPA Board member as soon as possible. The TRPA team will be available to assist those experiencing unacceptable behavior so that all participants feel safe for the duration of the event.

By registering for and participating in this event you agree to hold the venue owner and management and TRPA it's agents, volunteers, Board and employees harmless for any and all incidents associated with this event and be responsible for any activities you participate in.

